



Many times it is difficult for clients to describe symptoms. This questionnaire is designed to facilitate that conversation. We hope you find it useful in your work.

Respond to each statement with one of the following:

NEVER	RARELY	SOMETIMES	OFTEN	ALWAYS
The client is concerned about displaying physical symptoms of nervousness, like sweating, blushing or stammering.				
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The client anticipates a social situation going badly or embarrassing him/herself long before the social situation occurs.				
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The client frequently explains being quiet or avoiding conversations with the excuse, "I don't know what to say" or a similar sentiment.				
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The client relies on text messaging, emailing and instant messaging to communicate, preferring these methods to phone calls and face-to-face conversations.				
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The client uses alcohol, prescription or recreational drugs to "function" or "manage" in social situations and/or when he/she will be the focus of attention.				
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The client over analyzes and obsessively worries about what to wear and his/her appearance before going into a social situation.				
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The client continues to worry about how he/she performed or was perceived during a social situation several days or weeks after it is over.				
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The client makes a great effort to get out of public speaking obligations, even when it involves only speaking in front of a small group.				
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The client becomes visibly nervous when interacting with others and experiences dizziness, shortness of breath or other physical symptoms.				
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The client "scripts" what to say prior to a social interaction or over analyzes and edits what to say when involved in a social situation.				
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>